

## RECORDS SUDAMERICANOS CLASSIC- Septiembre 2024

### DAMAS OPEN

| SQUAT | NOMBRE                     | NACION    | MARCA | FECHA     | LUGAR          |
|-------|----------------------------|-----------|-------|-----------|----------------|
| 47    | Malagon Alejandra/94       | Colombia  | 130.0 | 08-dic-16 | Lima-Peru      |
| 52    | Ochoa Vilma/80             | Ecuador   | 147.5 | 03-jun-14 | Potchefstroom  |
| 57    | La Bella Daiana/93         | Argentina | 167.5 | 12-jun-23 | Malta          |
| 63    | Arias Yassmin/93           | Chile     | 183.5 | 17-sep-24 | Bs As - Arg    |
| 69    | Tavares Cicera/76          | Brazil    | 190.5 | 07-sep-22 | Cacador-Brasil |
| 76    | Castellain Ana Rosa /85    | Brazil    | 196.5 | 18-sep-19 | Piriapolis-Uru |
| 84    | Zapata Karen/94            | Colombia  | 198.0 | 03-jul-18 | Guayaquil      |
| 84 +  | Bernadote Maria Vitoria/01 | Brasil    | 215.0 | 07-sep-22 | Cacador-Brasil |

### BENCH PRESS

|      |                         |           |       |           |                |
|------|-------------------------|-----------|-------|-----------|----------------|
| 47   | Canto Madelein/89       | Argentina | 70.5  | 17-sep-24 | Bs As - Arg    |
| 52   | Bueno Carmen/85         | Ecuador   | 92.5  | 18-sep-19 | Piriapolis-Uru |
| 57   | Kenia Monserrate/91     | Ecuador   | 97.5  | 07-dic-17 | Argentina      |
| 63   | Gamez Jenny/72          | Ecuador   | 110.0 | 08-dic-21 | Guayaquil      |
| 69   | Castellain Ana Rosa /85 | Brazil    | 130.0 | 23-sep-21 | Halmstad       |
| 76   | Castellain Ana Rosa /85 | Brazil    | 132.5 | 07-dic-17 | Argentina      |
| 84   | Castellain Ana Rosa /85 | Brazil    | 125.0 | 16-jun-16 | Killen-Usa     |
| 84 + | Collazo Carmen/84       | Uruguay   | 111.0 | 17-sep-24 | Bs As - Arg    |

### DEADLIFT

|      |                         |         |       |           |                |
|------|-------------------------|---------|-------|-----------|----------------|
| 47   | Ana Lucia Ruiz/86       | Peru    | 150.0 | 12-jun-23 | Malta          |
| 52   | Fernandez Carmen/76     | Peru    | 175.5 | 17-sep-24 | Bs As - Arg    |
| 57   | Kenia Monserrate/91     | Ecuador | 185.0 | 07-dic-17 | Argentina      |
| 63   | Ferreira Mikaela/91     | Uruguay | 203.0 | 17-sep-24 | Bs As - Arg    |
| 69   | Tavares Cicera/76       | Brazil  | 220.0 | 07-sep-22 | Cacador-Brasil |
| 76   | Castellain Ana Rosa /85 | Brazil  | 214.0 | 18-sep-19 | Piriapolis-Uru |
| 84   | Almeida Marina/90       | Brazil  | 220.0 | 06-jun-22 | Sun City       |
| 84 + | Gedeao Bianca/82        | Brazil  | 235.0 | 17-sep-24 | Bs As - Arg    |

### TOTAL

|      |                         |         |       |           |                |
|------|-------------------------|---------|-------|-----------|----------------|
| 47   | Giulia Carvalho/99      | Brasil  | 347.5 | 31-ago-22 | Istambul       |
| 52   | Ochoa Vilma/80          | Ecuador | 407.5 | 07-dic-17 | Argentina      |
| 57   | Kenia Monserrate/91     | Ecuador | 442.5 | 07-dic-17 | Argentina      |
| 63   | Castro Rosa/79          | Ecuador | 462.5 | 08-dic-16 | Lima-Peru      |
| 69   | Castellain Ana Rosa /85 | Brazil  | 515.0 | 23-sep-21 | Halmstad       |
| 76   | Castellain Ana Rosa /85 | Brazil  | 540.5 | 18-sep-19 | Piriapolis-Uru |
| 84   | Castellain Ana Rosa /85 | Brazil  | 527.5 | 16-jun-16 | Killen-Usa     |
| 84 + | Gedeao Bianca/82        | Brazil  | 530.5 | 17-sep-24 | Bs As - Arg    |

### BENCH PRESS SINGLE LIFT

|      |                         |           |       |           |                |
|------|-------------------------|-----------|-------|-----------|----------------|
| 47   | Canto Madelein/89       | Argentina | 70.5  | 17-sep-24 | Bs As - Arg    |
| 52   | Bueno Carmen/85         | Ecuador   | 92.5  | 18-sep-19 | Piriapolis-Uru |
| 57   | Kenia Monserrate/91     | Ecuador   | 97.5  | 07-dic-17 | Argentina      |
| 63   | Gamez Jenny/72          | Ecuador   | 110.0 | 08-dic-21 | Guayaquil      |
| 69   | Castellain Ana Rosa /85 | Brazil    | 130.0 | 23-sep-21 | Halmstad       |
| 76   | Castellain Ana Rosa /85 | Brazil    | 132.5 | 07-dic-17 | Argentina      |
| 84   | Castellain Ana Rosa /85 | Brazil    | 125.0 | 16-jun-16 | Killen-Usa     |
| 84 + | Reitmann Judith/67      | Uruguay   | 112.5 | 14-abr-23 | Arnold-Brasil  |

**DAMAS JUNIOR**

**SQUAT**

|      |                            |           |       |           |                |
|------|----------------------------|-----------|-------|-----------|----------------|
| 43   | Castillejo Claris/08       | Colombia  | 100.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Malagon Alejandra/94       | Colombia  | 130.0 | 08-dic-16 | Lima-Peru      |
| 52   | Romero Lady/01             | Peru      | 133.0 | 17-sep-24 | Lima-Peru      |
| 57   | Soto Arcos Josefa/04       | Chile     | 150.0 | 06-sep-23 | Lima-Peru      |
| 63   | Campos Ana/01              | Colombia  | 160.0 | 17-sep-24 | Bs As - Arg    |
| 69   | Pulecio Giron Karen/02     | Chile     | 165.5 | 06-sep-23 | Lima-Peru      |
| 76   | Ferreira Lurdes/03         | Argentina | 163.0 | 17-sep-24 | Bs As - Arg    |
| 84   | Garcia Joselyn/02          | Ecuador   | 182.5 | 07-sep-22 | Cacador-Brasil |
| 84 + | Bernadote Maria Vitoria/01 | Brasil    | 215.0 | 07-sep-22 | Cacador-Brasil |

**BENCH PRESS**

|      |                            |           |       |           |                |
|------|----------------------------|-----------|-------|-----------|----------------|
| 43   | Bolivar Isabella/07        | Colombia  | 43.0  | 17-sep-24 | Bs As - Arg    |
| 47   | Giulia Carvalho/99         | Brasil    | 70.0  | 31-ago-22 | Istambul       |
| 52   | Romero Lady/98             | Peru      | 80.5  | 08-dic-21 | Guayaquil      |
| 57   | Gabriela Nicole Galvez/02  | Peru      | 93.5  | 06-sep-23 | Lima-Peru      |
| 63   | Aguinaga Johanna/93        | Ecuador   | 90.0  | 04-jun-14 | Potchefstroom  |
| 69   | Madrid Antonia/01          | Chile     | 87.5  | 17-sep-24 | Bs As - Arg    |
| 76   | Aguinaga Johanna/93        | Ecuador   | 107.5 | 08-dic-16 | Lima-Peru      |
| 84   | Mendoza Ailen/03           | Argentina | 86.0  | 17-sep-24 | Bs As - Arg    |
| 84 + | Bernadote Maria Vitoria/01 | Brasil    | 100.0 | 07-sep-22 | Cacador-Brasil |

**DEADLIFT**

|      |                       |           |       |           |                |
|------|-----------------------|-----------|-------|-----------|----------------|
| 43   | Castillejo Claris/08  | Colombia  | 110.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Giulia Carvalho/99    | Brasil    | 147.5 | 31-ago-22 | Istambul       |
| 52   | Romero Lady/01        | Peru      | 160.5 | 17-sep-24 | Bs As - Arg    |
| 57   | Ramos Frias Nayeli/02 | Bolivia   | 170.0 | 06-sep-23 | Lima-Peru      |
| 63   | Vega Angela/01        | Chile     | 171.0 | 07-sep-22 | Cacador-Brasil |
| 69   | Madrid Antonia/01     | Chile     | 180.0 | 17-sep-24 | Bs As - Arg    |
| 76   | Javiera Orellana/99   | Chile     | 205.0 | 07-sep-22 | Cacador-Brasil |
| 84   | Mendoza Ailen/03      | Argentina | 185.5 | 17-sep-24 | Bs As - Arg    |
| 84 + | Poblete Lurdes/02     | Argentina | 182.5 | 17-sep-24 | Bs As - Arg    |

**TOTAL**

|      |                            |          |       |           |                |
|------|----------------------------|----------|-------|-----------|----------------|
| 43   | Castillejo Claris/08       | Colombia | 250.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Giulia Carvalho/99         | Brasil   | 347.5 | 31-ago-22 | Istambul       |
| 52   | Romero Lady/01             | Peru     | 368.5 | 17-sep-24 | Bs As - Arg    |
| 57   | Gabriela Nicole Galvez/02  | Peru     | 383.5 | 06-sep-23 | Lima-Peru      |
| 63   | Vega Angela/01             | Chile    | 406.5 | 07-sep-22 | Cacador-Brasil |
| 69   | Madrid Antonia/01          | Chile    | 427.5 | 17-sep-24 | Bs As - Arg    |
| 76   | Javiera Orellana/99        | Chile    | 452.5 | 07-sep-22 | Cacador-Brasil |
| 84   | Garcia Joselyn/02          | Ecuador  | 447.5 | 07-sep-22 | Cacador-Brasil |
| 84 + | Bernadote Maria Vitoria/01 | Brasil   | 495.0 | 07-sep-22 | Cacador-Brasil |

**BENCH PRESS SINGLE LIFT**

|      |                            |           |       |           |                |
|------|----------------------------|-----------|-------|-----------|----------------|
| 43   | Bolivar Isabella/07        | Colombia  | 43.0  | 17-sep-24 | Bs As - Arg    |
| 47   | Giulia Carvalho/99         | Brasil    | 70.0  | 31-ago-22 | Istambul       |
| 52   | Romero Lady/98             | Peru      | 80.5  | 08-dic-21 | Guayaquil      |
| 57   | Gabriela Nicole Galvez/02  | Peru      | 93.5  | 06-sep-23 | Lima-Peru      |
| 63   | Aguinaga Johanna/93        | Ecuador   | 90.0  | 04-jun-14 | Potchefstroom  |
| 69   | Madrid Antonia/01          | Chile     | 87.5  | 17-sep-24 | Bs As - Arg    |
| 76   | Aguinaga Johanna/93        | Ecuador   | 107.5 | 08-dic-16 | Lima-Peru      |
| 84   | Mendoza Ailen/03           | Argentina | 86.0  | 17-sep-24 | Bs As - Arg    |
| 84 + | Bernadote Maria Vitoria/01 | Brasil    | 100.0 | 07-sep-22 | Cacador-Brasil |

**DAMAS SUBJUNIOR****SQUAT**

|      |                          |          |       |           |                |
|------|--------------------------|----------|-------|-----------|----------------|
| 43   | Castillejo Claris/08     | Colombia | 100.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Perez Antonella/04       | Chile    | 103.0 | 07-sep-22 | Cacador-Brasil |
| 52   | Segovia Tarifa Andrea/06 | Bolivia  | 125.0 | 06-sep-23 | Lima-Peru      |
| 57   | Josefa Soto/04           | Chile    | 122.5 | 07-sep-22 | Cacador-Brasil |
| 63   | Prada Angelina Arlet/06  | Peru     | 140.0 | 17-sep-24 | Bs As - Arg    |
| 69   | Rivas Martina/07         | Uruguay  | 160.0 | 17-sep-24 | Bs As - Arg    |
| 76   | Muñoz Barbara/08         | Chile    | 150.0 | 07-sep-22 | Cacador-Brasil |
| 84   | Navas Romina/04          | Ecuador  | 125.0 | 08-dic-21 | Guayaquil      |
| 84 + | Mantilla Lizbeth/02      | Ecuador  | 130.0 | 03-jul-18 | Guayaquil      |

**BENCH PRESS**

|      |                       |          |      |           |                |
|------|-----------------------|----------|------|-----------|----------------|
| 43   | Bolivar Isabella/07   | Colombia | 43.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Perez Antonella/04    | Chile    | 50.0 | 07-sep-22 | Cacador-Brasil |
| 52   | Quishpe Nathaly/06    | Ecuador  | 67.5 | 28-ago-24 | Malta          |
| 57   | Josefa Soto/04        | Chile    | 66.0 | 07-sep-22 | Cacador-Brasil |
| 63   | Oviedo Leticia/99     | Chile    | 80.0 | 07-dic-17 | Argentina      |
| 69   | Gallardo Ema/07       | Chile    | 84.0 | 17-sep-24 | Bs As - Arg    |
| 76   | Cely Jireh Bejares/05 | Peru     | 80.0 | 06-sep-23 | Lima-Peru      |
| 84   | Armas Salome/98       | Ecuador  | 75.0 | 08-dic-16 | Lima-Peru      |
| 84 + | Mantilla Lizbeth/02   | Ecuador  | 55.0 | 03-jul-18 | Guayaquil      |

**DEADLIFT**

|      |                          |          |       |           |                |
|------|--------------------------|----------|-------|-----------|----------------|
| 43   | Castillejo Claris/08     | Colombia | 110.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Perez Antonella/04       | Chile    | 120.0 | 07-sep-22 | Cacador-Brasil |
| 52   | Segovia Tarifa Andrea/06 | Bolivia  | 140.0 | 06-sep-23 | Lima-Peru      |
| 57   | Coloma Naomi/07          | Ecuador  | 150.0 | 17-sep-24 | Bs As - Arg    |
| 63   | Nunez Francisca/06       | Chile    | 168.5 | 17-sep-24 | Bs As - Arg    |
| 69   | Rodriguez Leysi/06       | Peru     | 155.5 | 17-sep-24 | Bs As - Arg    |
| 76   | Lopez Claudia/07         | Peru     | 157.5 | 17-sep-24 | Bs As - Arg    |
| 84   | Puppi Guilia/03          | Brazil   | 140.5 | 03-jul-18 | Guayaquil      |
| 84 + | Mantilla Lizbeth/02      | Ecuador  | 130.0 | 03-jul-18 | Guayaquil      |

**TOTAL**

|      |                      |          |       |           |                |
|------|----------------------|----------|-------|-----------|----------------|
| 43   | Castillejo Claris/08 | Colombia | 250.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Perez Antonella/04   | Chile    | 272.5 | 07-sep-22 | Cacador-Brasil |
| 52   | Quishpe Nathaly/06   | Ecuador  | 322.5 | 28-ago-24 | Malta          |
| 57   | Jativa Mery/92       | Ecuador  | 320.0 | 16-sep-15 | Ribeirao Preto |
| 63   | Nunez Francisca/06   | Chile    | 368.5 | 17-sep-24 | Bs As - Arg    |
| 69   | Rivas Martina/07     | Uruguay  | 385.0 | 17-sep-24 | Bs As - Arg    |
| 76   | Lopez Claudia/07     | Peru     | 357.5 | 17-sep-24 | Bs As - Arg    |
| 84   | Armas Salome/98      | Ecuador  | 330.0 | 08-dic-16 | Lima-Peru      |
| 84 + | Mantilla Lizbeth/02  | Ecuador  | 315.0 | 03-jul-18 | Guayaquil      |

**BENCH PRESS SINGLE LIFT**

|      |                       |          |      |           |                |
|------|-----------------------|----------|------|-----------|----------------|
| 43   | Bolivar Isabella/07   | Colombia | 43.0 | 17-sep-24 | Bs As - Arg    |
| 47   | Perez Antonella/04    | Chile    | 50.0 | 07-sep-22 | Cacador-Brasil |
| 52   | Quishpe Nathaly/      | Ecuador  | 67.5 | 28-ago-24 | Malta          |
| 57   | Josefa Soto/04        | Chile    | 66.0 | 07-sep-22 | Cacador-Brasil |
| 63   | Oviedo Leticia/99     | Chile    | 80.0 | 07-dic-17 | Argentina      |
| 69   | Gallardo Ema/07       | Chile    | 84.0 | 17-sep-24 | Bs As - Arg    |
| 76   | Cely Jireh Bejares/05 | Peru     | 80.0 | 06-sep-23 | Lima-Peru      |
| 84   | Armas Salome/98       | Ecuador  | 75.0 | 08-dic-16 | Lima-Peru      |
| 84 + | Mantilla Lizbeth/02   | Ecuador  | 55.0 | 03-jul-18 | Guayaquil      |

**DAMAS MASTER 1****SQUAT**

|      |                     |         |       |           |                |
|------|---------------------|---------|-------|-----------|----------------|
| 47   | Luciano Maribel/78  | Peru    | 102.5 | 06-sep-23 | Lima-Peru      |
| 52   | Fernandez Carmen/76 | Peru    | 140.0 | 06-sep-23 | Lima-Peru      |
| 57   | Alvarez Vanessa/78  | Brazil  | 152.5 | 17-jun-18 | Canada-Calgary |
| 63   | Tavares Cicera/76   | Brazil  | 175.0 | 17-jun-18 | Canada-Calgary |
| 69   | Tavares Cicera/76   | Brazil  | 190.5 | 07-sep-22 | Cacador-Brasil |
| 76   | Zolyome Iolanda/77  | Brazil  | 180.0 | 07-sep-22 | Cacador-Brasil |
| 84   | Sandra Teixeira/78  | Brazil  | 163.0 | 07-sep-22 | Cacador-Brasil |
| 84 + | Reitmann Judith/67  | Uruguay | 202.5 | 07-dic-17 | Argentina      |

**BENCH PRESS**

|      |                         |         |       |           |                |
|------|-------------------------|---------|-------|-----------|----------------|
| 47   | Mina Liliana/70         | Peru    | 55.0  | 08-dic-21 | Guayaquil      |
| 52   | Segade Shanny/76        | Brazil  | 77.5  | 17-jun-18 | Canada-Calgary |
| 57   | Morales Vanesa/76       | Uruguay | 80.0  | 06-sep-23 | Lima-Peru      |
| 63   | Gamez Jenny/72          | Ecuador | 110.0 | 08-dic-21 | Guayaquil      |
| 69   | Tavares Cicera/76       | Brazil  | 102.5 | 23-sep-21 | Arnold-Brasil  |
| 76   | Zolyome Iolanda/77      | Brazil  | 117.5 | 29-abr-22 | Arnold-Brasil  |
| 84   | Sandra Teixeira/78      | Brazil  | 80.0  | 29-abr-22 | Arnold-Brasil  |
| 84 + | Gedeao Bianca Soares/82 | Brazil  | 110.5 | 17-sep-24 | Bs As - Arg    |

**DEADLIFT**

|      |                     |        |       |           |                |
|------|---------------------|--------|-------|-----------|----------------|
| 47   | Luciano Maribel/78  | Peru   | 120.5 | 06-sep-23 | Lima-Peru      |
| 52   | Fernandez Carmen/76 | Peru   | 162.5 | 08-dic-16 | Lima-Peru      |
| 57   | Alvarez Vanessa/78  | Brazil | 172.5 | 17-jun-18 | Canada-Calgary |
| 63   | Tavares Cicera/76   | Brazil | 192.5 | 17-jun-18 | Canada-Calgary |
| 69   | Tavares Cicera/76   | Brazil | 220.0 | 07-sep-22 | Cacador-Brasil |
| 76   | Zolyome Iolanda/77  | Brazil | 208.0 | 07-sep-22 | Cacador-Brasil |
| 84   | Sandra Teixeira/78  | Brazil | 196.0 | 07-sep-22 | Cacador-Brasil |
| 84 + | Gedeao Bianca/82    | Brazil | 235.0 | 17-sep-24 | Bs As - Arg    |

**TOTAL**

|      |                     |        |       |           |                |
|------|---------------------|--------|-------|-----------|----------------|
| 47   | Luciano Maribel/78  | Peru   | 273.0 | 06-sep-23 | Lima-Peru      |
| 52   | Fernandez Carmen/76 | Peru   | 367.5 | 06-sep-23 | Lima-Peru      |
| 57   | Alvarez Vanessa/78  | Brazil | 385.0 | 17-jun-18 | Canada-Calgary |
| 63   | Tavares Cicera/76   | Brazil | 462.5 | 17-jun-18 | Canada-Calgary |
| 69   | Tavares Cicera/76   | Brazil | 508.0 | 07-sep-22 | Cacador-Brasil |
| 76   | Zolyome Iolanda/77  | Brazil | 502.5 | 29-abr-22 | Arnold-Brasil  |
| 84   | Sandra Teixeira/78  | Brazil | 437.5 | 29-abr-22 | Arnold-Brasil  |
| 84 + | Gedeao Bianca/82    | Brazil | 530.5 | 17-sep-24 | Bs As - Arg    |

**BENCH PRESS SINGLE LIFT**

|      |                     |         |       |           |                |
|------|---------------------|---------|-------|-----------|----------------|
| 47   | Ferreira Daniela/78 | Brazil  | 50.0  | 18-sep-19 | Piriapolis-Uru |
| 52   | Segade Shanny/75    | Brazil  | 72.5  | 07-dic-17 | Argentina      |
| 57   | Morales Vanesa/76   | Uruguay | 80.0  | 06-sep-23 | Lima-Peru      |
| 63   | Gamez Jenny/72      | Ecuador | 110.0 | 08-dic-21 | Guayaquil      |
| 69   | Tavares Cicera/76   | Brazil  | 102.5 | 23-sep-21 | Arnold-Brasil  |
| 76   | Zolyome Iolanda/77  | Brazil  | 117.5 | 22-sep-22 | Arnold-Brasil  |
| 84   | Sandra Teixeira/78  | Brazil  | 80.0  | 29-abr-22 | Arnold-Brasil  |
| 84 + | Reitmann Judith/67  | Uruguay | 112.5 | 14-abr-23 | Arnold-Brasil  |

**DAMAS MASTER 2****SQUAT**

|      |                          |           |       |           |                |
|------|--------------------------|-----------|-------|-----------|----------------|
| 47   | Mina Liliana/70          | Peru      | 87.5  | 08-dic-21 | Guayaquil      |
| 52   | Mariela Navarrete/72     | Peru      | 82.5  | 06-sep-23 | Lima-Peru      |
| 57   |                          |           |       |           |                |
| 63   | Gamez Jenny/72           | Ecuador   | 150.0 | 07-sep-22 | Cacador-Brasil |
| 69   | Gamboa Marta/66          | Ecuador   | 120.0 | 08-dic-21 | Guayaquil      |
| 76   | Maria Elena Del Pilar/70 | Peru      | 145.0 | 06-sep-23 | Lima-Peru      |
| 84   | Arregues Veronica/73     | Argentina | 135.0 | 17-sep-24 | Bs As - Arg    |
| 84 + | Reitmann Judith/68       | Uruguay   | 202.5 | 07-dic-17 | Argentina      |

**BENCH PRESS**

|      |                           |         |       |           |                |
|------|---------------------------|---------|-------|-----------|----------------|
| 47   | Mina Liliana/70           | Peru    | 55.0  | 08-dic-21 | Guayaquil      |
| 52   | Gandara Maria/64          | Ecuador | 50.0  | 31-jul-14 | Guayaquil      |
| 57   |                           |         |       |           |                |
| 63   | Gamez Jenny/72            | Ecuador | 102.5 | 07-sep-22 | Cacador-Brasil |
| 69   | Gamboa Marta/66           | Ecuador | 60.0  | 08-dic-21 | Guayaquil      |
| 76   | Couto Ana/66              | Brazil  | 80.0  | 17-jun-18 | Canada-Calgary |
| 84   | Rivero Hurtado Desiree/73 | Chile   | 67.5  | 06-sep-23 | Lima-Peru      |
| 84 + | Reitmann Judith/67        | Uruguay | 108.5 | 03-jul-18 | Guayaquil      |

**DEADLIFT**

|      |                          |           |       |           |             |
|------|--------------------------|-----------|-------|-----------|-------------|
| 47   | Mina Liliana/70          | Peru      | 102.5 | 06-sep-23 | Lima-Peru   |
| 52   | Mariela Navarrete/72     | Peru      | 130.5 | 06-sep-23 | Lima-Peru   |
| 57   |                          |           |       |           |             |
| 63   | Seas Marin Ferminia/71   | Bolivia   | 170.0 | 06-sep-23 | Lima-Peru   |
| 69   | Schwab Adriane/70        | Brazil    | 132.5 | 17-sep-24 | Bs As - Arg |
| 76   | Maria Elena Del Pilar/70 | Peru      | 175.0 | 06-sep-23 | Lima-Peru   |
| 84   | Arregues Veronica/73     | Argentina | 165.0 | 17-sep-24 | Bs As - Arg |
| 84 + | Reitmann Judith/67       | Uruguay   | 188.0 | 07-dic-17 | Argentina   |

**TOTAL**

|      |                          |           |       |           |                |
|------|--------------------------|-----------|-------|-----------|----------------|
| 47   | Mina Liliana/70          | Peru      | 242.5 | 08-dic-21 | Guayaquil      |
| 52   | Mariela Navarrete/72     | Peru      | 255.5 | 06-sep-23 | Lima-Peru      |
| 57   |                          |           |       |           |                |
| 63   | Gamez Jenny/72           | Ecuador   | 387.5 | 07-sep-22 | Cacador-Brasil |
| 69   | Gamboa Marta/66          | Ecuador   | 310.0 | 08-dic-21 | Guayaquil      |
| 76   | Maria Elena Del Pilar/70 | Peru      | 397.5 | 06-sep-23 | Lima-Peru      |
| 84   | Arregues Veronica/73     | Argentina | 360.0 | 17-sep-24 | Bs As - Arg    |
| 84 + | Reitmann Judith/67       | Uruguay   | 498.5 | 07-dic-17 | Argentina      |

**BENCH PRESS SINGLE LIFT**

|      |                           |         |       |           |                |
|------|---------------------------|---------|-------|-----------|----------------|
| 47   | Mina Liliana/70           | Peru    | 55.0  | 08-dic-21 | Guayaquil      |
| 52   | Gandara Maria/64          | Ecuador | 50.0  | 31-jul-14 | Guayaquil      |
| 57   |                           |         |       |           |                |
| 63   | Gamez Jenny/72            | Ecuador | 135.0 | 07-sep-22 | Cacador-Brasil |
| 69   | Gamboa Marta/66           | Ecuador | 60.0  | 08-dic-21 | Guayaquil      |
| 76   | Couto Ana/66              | Brazil  | 80.0  | 17-jun-18 | Canada-Calgary |
| 84   | Rivero Hurtado Desiree/73 | Chile   | 67.5  | 06-sep-23 | Lima-Peru      |
| 84 + | Reitmann Judith/67        | Uruguay | 112.5 | 14-abr-23 | Arnold-Brasil  |

**DAMAS MASTER 3****SQUAT**

47

52

57

63

69

|    |                     |        |       |           |           |
|----|---------------------|--------|-------|-----------|-----------|
| 76 | Martins Marilene/55 | Brazil | 115.5 | 08-dic-16 | Lima-Peru |
|----|---------------------|--------|-------|-----------|-----------|

84

84 +

**BENCH PRESS**

47

52

57

63

69

|    |                     |         |      |           |                |
|----|---------------------|---------|------|-----------|----------------|
| 76 | Rodriguez Susana/55 | Uruguay | 60.0 | 16-sep-15 | Ribeirao Preto |
|----|---------------------|---------|------|-----------|----------------|

84

84 +

**DEADLIFT**

47

52

57

63

69

|    |                     |         |       |           |                |
|----|---------------------|---------|-------|-----------|----------------|
| 76 | Rodriguez Susana/55 | Uruguay | 140.0 | 16-sep-15 | Ribeirao Preto |
|----|---------------------|---------|-------|-----------|----------------|

84

84 +

**TOTAL**

47

52

57

63

69

|    |                     |         |       |           |                |
|----|---------------------|---------|-------|-----------|----------------|
| 76 | Rodriguez Susana/55 | Uruguay | 315.0 | 16-sep-15 | Ribeirao Preto |
|----|---------------------|---------|-------|-----------|----------------|

84

84 +

**BENCH PRESS SINGLE LIFT**

47

52

57

63

69

|    |                     |         |      |           |                |
|----|---------------------|---------|------|-----------|----------------|
| 76 | Rodriguez Susana/55 | Uruguay | 60.0 | 16-sep-15 | Ribeirao Preto |
|----|---------------------|---------|------|-----------|----------------|

84

84 +

DAMAS MASTER 4

SQUAT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 55.0 17-sep-24 Bs As - Arg

84

84 +

BENCH PRESS

47

52

57

63

69

76 Wamba Graciela/53 Argentina 45.0 17-sep-24 Bs As - Arg

84

84 +

DEADLIFT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 105.0 17-sep-24 Bs As - Arg

84

84 +

TOTAL

47

52

57

63

69

76 Wamba Graciela/53 Argentina 205.0 17-sep-24 Bs As - Arg

84

84 +

BENCH PRESS SINGLE LIFT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 45.0 17-sep-24 Bs As - Arg

84

84 +