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### **2021 IPF Anti-Doping Report**

#### **Education**

With IPF events returning, IPF ensured that powerlifting athletes received educated relating to their rights and responsibilities prior to competing at IPF events. This education was mainly conducted through the use of WADA's Anti-Doping Education and Learning (ADEL) Platform. Where an athlete's National Ant-Doping Organization (NADO) had established their own online education course in their own language, IPF would review and approve the course for use. While 2021 focused on Sub-Junior, Junior and International-Level Athletes (as defined by the IPF Anti-Doping Rules).

In 2022, IPF will shift to ensure that all athletes participating in IPF events receive education prior to competing, and will host Outreach Booths at several IPF events thorughout the year.

### **Therapeutic Use Exemptions (TUES)**

IPF expanded their TUE Committee (TUEC) in 2021 and included expertise in Orthopaedic Surgery, Emergency Medicine and Internal Medicine. The TUEC can also call on experts from outside the TUEC for guideance should the need arise regarding any specific TUE application.

- 6 TUEs were approved by IPF
- 1 TUE was recognized by IPF

#### **Whereabouts Pools**

During 2021, the IPF Whereabouts Pools contined approximately 74 athletes from 25 seperate nations:

- 42 athletes in the Registered Testing Pool
- 32 athletes in the Testing Pool

Athletes that are included in IPF Whereabouts Pools have requirements to submit Athlete Whereabouts on a Quarterly basis via ADAMS, including ensuring their Whereabouts are kept up to date should changes occur. Based on these requirements, in 2021 IPF issued 13 Whereabouts Failures (RTP athletes) and 4 Whereabouts Warnings (TP athletes) due to non-compliance with their Whereabouts requirements.



## **Numbers by Quarter**

Quarter	Tests <sup>1</sup>	Samples				HAD	0.05
		Urine	Blood	Passport <sup>2</sup>	Total	UARs	AAFs
Q1	36	36	-	-	36	7	-
Q2	62	62	1	1	64	4	1
Q3	98	99	-	-	99	4	3
Q4	241	242	10	-	252	5	12
TOTAL	437	439	11	1	451	20	16

<sup>&</sup>lt;sup>1</sup>Tests are defined as any number of samples collected on an athlete during a single test session.

## **Numbers by Test Type**

Tuno	Tests <sup>1</sup>	Samples				HAD	0.05-
Туре		Urine	Blood	Passport <sup>2</sup>	Total	UARs	AAFs
In-Competition	294	295	-	-	295	0	14
Out-of-Competition	143	144	11	1	156	20	2
TOTAL	437	439	11	1	451	20	16

<sup>&</sup>lt;sup>1</sup>Tests are defined as any number of samples collected on an athlete during a single test session.

<sup>&</sup>lt;sup>2</sup> Blood samples collected in support of the Athlete Biological Passport.

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# **Anti-Doping Rule Violations**

Nation	Nation Gender	Anti Doning Rulo	Classification of Prohibited Substance	Sanction		
Nation	Gender	Anti-Doping Rule	Classification of Proffibiled Substance	Length	Start	End
BRA	Female	2.1 Presence	S1. Anabolic Agents	4 years	11-Jan-2022	11-Jan-2026
ECU	Male	2.1 Presence	S1. Anabolic Agents	3 years	17-Nov-2021	8-May-2024
ECU	Female	2.1 Presence	S6. Stimulants	2 years	13-May-2022	13-May-2024
ECU	Female	2.4 Whereabouts Failures	-	21 months	10-Feb-2022	10-Nov-2023
ECU	Male	2.1 Presence	S1. Anabolic Agents	3 years	12-Mar-2022	12-Mar-2025
GUY	Male	2.1 Presence	S5. Diuretics and Masing Agents	2 months	1-Dec-2021	1-Feb-2022
IND	Male	2.1 Presence	S1. Anabolic Agents	3 years	28-Jan-2022	28-Jan-2025
IRI	Male	2.1 Presence	S1. Anabolic Agents	4 years	12-Oct-2021	29-Jul-2025
IRI	Male	2.1 Presence	S1. Anabolic Agents	3 years	28-Jan-2022	28-Jan-2025
IRI	Male	2.1 Presence	S1. Anabolic Agents	4 years	28-Jan-2022	28-Jan-2026
KAZ	Male	2.1 Presence	S6. Stimulants	4 years	10-Feb-2022	10-Feb-2026
KAZ	Female	2.1 Presence	S4. Hormone and Metabolic Modulators	3 years	31-Jan-2022	31-Jan-2025
KAZ	Female	2.1 Presence	S1. Anabolic Agents	3 years	31-Jan-2022	31-Jan-2025
KAZ	Male	2.1 Presence	S6. Stimulants	2 years	9-Feb-2022	9-Feb-2024
MGL	Male	2.1 Presence	S1. Anabolic Agents S4. Hormone and Metabolic Modulators	3 years	28-Jan-2022	28-Jan-2025
RUS	Male	2.1 Presence	S5. Diuretics and Masing Agents	2 months	16-Dec-2021	16-Feb-2022
TJK	Male	2.1 Presence 2.5 Tampering or Attempted Tampering	S1. Anabolic Agents	6 years	27-Jan-2022	27-Jan-2028